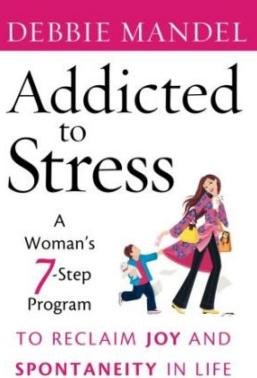


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ADDICTED TO STRESS: A WOMAN'S 7 STEP PROGRAM TO RECLAIM JOY AND SPONTANEITY IN LIFE



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