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Beautiful Corn: America's Original Grain from Seed to Plate

By Anthony Boutard

New Society Publishers. Paperback. Book Condition: new. BRAND NEW, Beautiful Corn: America's Original Grain from Seed to Plate, Anthony Boutard, Cultivated from sea level to mountaintop, from parched deserts to sodden rain forests, from the rocky Gaspe Peninsula to the plains of Argentina, corn is the grain of the Americas. In terms of culinary uses, it is amazingly diverse, reflecting the breathtaking variety of the continents and environments from which it evolved. The consummate immigrant, corn is grown extensively on every continent except Antarctica. Market farmer and naturalist Anthony Boutard weaves together this unique plant's contribution to our culture, its distinctive biology, and the practical information needed to grow and enjoy it at home. Beautiful Corn advocates a return to the nourishing whole grain that built America, in place of today's genetically modified crops processed by industrial agriculture into synthetic sweeteners and cheap meat. Come along on this lyrical and inspiring journey through the seasons, learning about growing and using corn in the traditional way. Gardeners and market farmers can lead the way to a healthier country by restoring heritage corn varieties to our tables. An unabashed celebration of a much-maligned culinary treasure, Beautiful Corn will forever change the way...



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