



## Weaning Made Easy Recipes: Simple and Tasty Ideas for Spoon-feeding and Baby-led Weaning

By Rana Conway

Crimson Publishing. Paperback. Book Condition: new. BRAND NEW, Weaning Made Easy Recipes: Simple and Tasty Ideas for Spoon-feeding and Baby-led Weaning, Rana Conway, Weaning Made Easy Recipes is full of tasty recipes and family meal ideas to suit all babies, toddlers and approaches - from traditional purees to baby-led weaning. Whether you find that your baby loves being spoon-fed, only wants to feed themselves, or you want to try a mixture of both, Weaning Made Easy Recipes provides you with a range of fresh home-cooked recipes that include mashed meals, weaning recipes with pasta, finger foods and family favourites, to make mealtimes enjoyable for everyone. Whether you're a first-time parent, trying to find weaning recipes for your 6 month old or a busy mum of three, Weaning Made Easy Recipes takes the stress out of weaning, bringing you:<sup>\*</sup> 150 healthy and simple dishes<sup>\*</sup> Food charts of what foods to introduce and when<sup>\*</sup> Weekly meal planners for a varied and balanced diet<sup>\*</sup> Clear dos and don'ts and FAQs for each age<sup>\*</sup> Recipes suitable for food allergies or intolerances As well as tasty and healthy recipes author Rana Conway provides clear and simple advice in this brand new weaning book through each...

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