



## Dark Light Consciousness: Melanin, Serpent Power, and the Luminous Matrix of Reality

By Edward Bruce Bynum Ph. D.

Inner Traditions. Paperback. Book Condition: New. Paperback. 368 pages. Dimensions: 8.9in. x 6.0in. x 1.0in. How to awaken the Ureus--the serpent power of spiritual transcendence within each of us--and connect to the superconscious of the universe. Reveals the biochemistry of how the body's melanin provides the template for the subtle energy body or light body. Shows how embracing the dark light consciousness of the awakened Ureus opens a portal to the sacred darkness of the superconscious. Provides illustrated instructions for meditation practices, breathing exercises, and yoga postures to safely awaken Ureus/Kundalini energy. Within each of us lies the potential to activate a personal connection to the superconscious. Called Ureus in ancient Egyptian texts and Kundalini in ancient Hindu yoga traditions, our innate serpent power of spiritual transcendence inhabits the base of the spine in its dormant state. When awakened, it unfurls along the spinal column to the brain, connecting individual consciousness to the consciousness of the universe enfolded within the dark matter of space. At the root of creativity and spiritual genius across innumerable cultures and civilizations, this intelligent force reveals portals that enfold time, space, and the luminous matrix of reality itself. Combining physics, neuroscience, and biochemistry with ancient traditions...



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