



The Jewish Jordans Triple Threat Physical, Mental, and Spiritual Lessons from the Court

By Tamir Goodman

Diversion Books. Paperback. Book Condition: New. Paperback. 94 pages. Dimensions: 7.7in. x 4.9in. x 0.4in. Reminiscent of Phil Jacksons SACRED HOOPS, Tamir Goodmans TRIPLE THREAT explores physical, mental, and spiritual lessons, on and off the court. Tamir Goodman was dubbed The Jewish Jordan by Sports Illustrated for the unorthodox combination of basketball prowess and devout faith that he brought with him onto the court as a top-ranked high school recruit, D-I and professional basketball player. Goodmans book features practical basketball training tips, strategies to contend with the mental side of the game, and game-like scenarios to demonstrate how this advice will pay off on the court. The book also takes readers on a fascinating journey through Goodmans career, a highlight of which includes Goodman making history as the first Jewish player to play D-I and professional basketball while wearing a yarmulke and refraining from playing on the Jewish Sabbath. By weaving the hands-on advice with the intriguing personal stories, Goodman examines the basketball fundamentals of shooting, ball-handling and passing from the physical, mental and spiritual perspectives and assigns each of these moves a deeper meaning. Goodman uses examples from his career to make the point that adding an individualized spiritual element...



[DOWNLOAD PDF](#)



[READ ONLINE](#)

[6.7 MB]

Reviews

An incredibly wonderful ebook with lucid and perfect answers. It is written in easy words instead of difficult to understand. Its been printed in an exceptionally easy way in fact it is simply following i finished reading this publication in which really modified me, modify the way i think.

-- **Mr. Keyshawn Weimann**

This is basically the very best book we have go through until now. I have got read and i also am confident that i am going to gonna study once again again in the future. I am just very happy to inform you that this is basically the very best ebook we have read inside my own life and might be the very best publication for at any time.

-- **Angus Hickle**

You May Also Like



Some of My Best Friends Are Books : Guiding Gifted Readers from Preschool to High School

Book Condition: Brand New. Book Condition: Brand New.



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso's groundbreaking and trusted guide on bullying—including cyberbullying—arms parents and teachers with real solutions for a...



Hitler's Exiles: Personal Stories of the Flight from Nazi Germany to America

New Press. Hardcover. Book Condition: New. 1565843940 Never Read-12+ year old Hardcover book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST with FREE tracking!! *...



Read Write Inc. Phonics: Grey Set 7 Non-Fiction 4 the Stone Age

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 207 x 92 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books is carefully levelled to match childrens growing...



Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.