



## First-Year Baby Care: The Owner's Manual You Need for Your Baby's First Year

By Paula Kelly

Meadowbrook Press, United States, 2016. Paperback. Book Condition: New. 231 x 185 mm. Language: English . Brand New Book. Babies Didn't Come with Instructions Until Now! Keep this easy-to-use book handy, so you can get the latest medical advice whenever you need help! It provides up-to-date medical information to guide you through your baby's first year. It includes the latest information on newborn screening, well-baby checkups, vaccination schedules, and expanded information on nutrition, including how to prevent food allergies and childhood obesity. You'll find complete information on the daily basics of baby care. For example: bathing, diapering, and breast- or formula-feeding your baby, and baby exercises. Plus, the latest information on these important issues: Breastfeeding for working mothers Car seat and crib safety Childproofing your home Circumcision Day care options Diaper choices Environmental hazards Making homemade baby food Monthly developmental milestones Prebiotics, probiotics, and fatty acids Traveling with your baby The expanded medical care section covers 40 different emergencies and illnesses. Each topic includes what you need to know, supplies you will need, typical symptoms, what to check, information on when to get professional help, and step-by-step instruction on how to treat at home. Some of the topics covered are: Colic Gastroesophageal reflux Head trauma...



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